

February 2018 Newsletter

ELLA Office Hours

The ELLA office is closed on Statutory Holidays and during Spring Session.

January and February	Monday and Wednesday 10:00 a.m. to 2:00 p.m.
March 1 to 9	Monday, Wednesday and Friday: 10:00 a.m. to 2:00 p.m.
March 12	10:00 a.m. to 2:00 p.m.
March 13	12:00 noon to 2:00 p.m.
March 14 to 16	10:00 a.m. to 2:00 p.m.
March 19 to April 27	Monday, Wednesday and Friday, 10:00 a.m. to 2:00 p.m.
April 30 to May 18	Closed during Spring Session
May 19 to September 30	Closed for the summer

President's Message - Joyce Madsen

As I write this it is -26 in Edmonton - another week of freezing cold weather that encourages us to move south for a time. I hope you are all surviving this challenge.

The planning for spring session is moving along with the February 13 date for release of the Program Guide in mind. You will be impressed with the program that is being offered! We have increased the number of courses so hopefully you

will find many that are of interest to you. We did encounter a glitch in our planning this year. We have had to move our art classes to the Faculty of Extension art labs at Enterprise Square. The rooms we have traditionally used in the Education Building are no longer available for external use. The art labs are ideal because they were specifically designed and the space at Enterprise Square is brand new – bright, clean and open. We are sorry that we can't all be together for all of our programs, but we think this solution is the best possible for everyone involved. More details will be in the Program Guide.

We are anticipating growth in the number of participants at spring session. Marketing has been getting the word out across the Edmonton seniors' population. Last year we were just under 600 and we hope to break that barrier this year. Registration will be March 13 so plan ahead to make sure you can access the Internet that morning. You will get the details in an e-mail before that day.

It is exciting to look ahead to April 30 with the grass growing and the plants outside of the Education Building in full bloom as we gather to enjoy another Spring Session.

ELLA Spring Session April 30 to May 18, 2018 Registration Reminders

Membership - To register for Spring Session, you must be a current member of ELLA. The membership fee is \$20 annually. You can purchase or renew your membership online at <u>www.my-ella.com</u> or by contacting the ELLA office. Renew or purchase by mid-February to ensure that you receive your registration access link prior to the opening of registration.

Spring Session Program Guide - will be available in hard copy and online at <u>www.my-ella.com</u> on February 13, 2018.

Tuesday, March 13 at 10:30 a.m. – Online registration opens. Some courses fill up quickly. Please keep in mind that your best chance to register

for high demand courses is to complete your registration online as soon as registration opens.

Location of Spring Session 2018 Classes

Check-in, most classes and activities and noon-hour presentations will be held in the Education Centre on the north side of 87 Ave. between 112 St. and 114 St. on the University of Alberta main campus in Edmonton. Line Dancing will be in the east gym in the Van Vliet Complex (VVC). The May 17 Wind-Up Reception will held at the Faculty Club.

All 2018 Spring Session Art Courses, with the exception of Wood Carving, will be held at the University of Alberta, Faculty of Extension Art Studios in Enterprise Square (10230 Jasper Avenue), a four minute ride on the LRT from the main campus.

Looking forward to seeing you at Spring Session 2018!

What's New at Spring Session 2018?

So, what was your New Year's resolution for 2018? Did it include learning something new? Trying something different? Exploring something from a different point of view? Well, if it was any of these things, ELLA's Spring Session will have what it takes to help you keep your resolution.

Have some fun with the magic in mathematics. Learn about the rich heritage of arts from Asia. Find out about the society, politics, history, culture and people of regional Africa. Check out how forensic anthropology really works. See where nanotechnology is going.

How about some Qi Gong Yi Jin Jing with your Tai Chi? Or try art with fabric in a Surface design workshop. Have you ever thought of travelling on your own? Learn more about how to experience solo travel and strategies to make your adventure a success. Visit a cow and some chickens. Sing. Dance. There are lots of choices. Take a look at the more than 6000-year history of India from the inside and consider where it may lead in future. Find out how maps can literally shape how we see our world or how religions can shape how we respond to others.

But don't worry, with 53 courses (more than ever before) you will be able to enjoy many of our familiar favorites as well. So, come along to Spring Session and make your 2018 blossom!

Volunteers Needed......will you help?

This May, at the end of the current term, there will be vacancies on the Board and on several Standing Committees. We need a person with strong organizational skills to coordinate classroom bookings and assign volunteers to work as course facilitators at Spring Session, two people who are interested in sitting on the recruitment committee and two members at large to sit on the Board of Directors.

The ELLA board is a volunteer, working board, that plans, organizes and implements spring session. The work load is not onerous and no previous board experience is required only a desire to work with a dedicated group of likeminded volunteers who have a strong belief in the value of lifelong learning. Training is provided and there are always other ELLA members there to support you.

If you would like more information, are interested in getting more involved in ELLA or know of an ELLA member who might be a good fit for our board please contact Doug Davies, Recruitment Chair at 780-464-0202 or <u>ddavey@ualberta.ca</u> or Joyce Madsen, President at 780-438-6016 (h) or <u>joycemadsen@shaw.ca</u>.

ELLA is your organization, run by you to serve you!