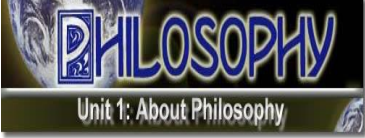





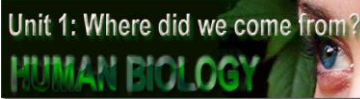
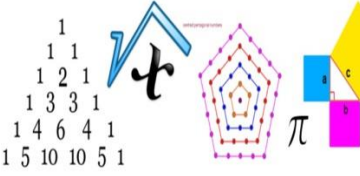
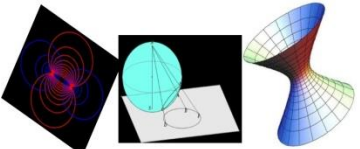






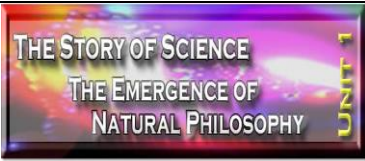



U3A Online – Courses

Lifestyle Courses


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|  | Ageing & Retirement | <p>A course for people approaching retirement with strategies to manage their lives successfully</p> |
|  | Design in Your Life | <p>Aims to use your life experience to comment on and improve the design and function of everyday objects</p> |
|  | Food for Thought | <p>Learn about the history of food, the evolution of food cultures and their impact on the world through the ages</p> |
|  | Introduction to Western Philosophy | <p>Learn about philosophy and philosophers and problems that perplex thinking men and women and of answers which have been put forward throughout the ages</p> |
|  | Maintaining Independence | <p>This is a course about positive action to give you the tools and information to maximize your physical and mental health and wellness</p> |
|  | Myths and Legends | <p>To stimulate interest in the stories which have formed the myths and legends which have been passed down through the ages</p> |
|  | Practical Psychology for Relationships | <p>To provide an understanding of relationship psychology. Ethical foundations, personal characteristics and methods for managing difficulties in relationships</p> |









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|  <p>Train Your Brain Unit 1 - Six Thinking Hats (1)</p> | <p>Train Your Brain</p> | <p>This course will take you through some recent developments and various ways to “Train Your Brain”, de Bono’s <i>Six Thinking Hats</i>, Gardner’s <i>Multiple Intelligences</i>, critical thinking, and the art of mnemonics.</p> |
|  <p>The Shaping of the Modern Mind Unit 1</p> | <p>The Shaping of the Modern Mind</p> | <p>Trace how the modern mind was shaped through the ages up to the present stage of global interaction</p> |
|  <p>Play Ukulele by Ear Unit 1 - Getting Started</p> | <p>Play Ukulele by Ear</p> | <p>This ‘instant play’ system is designed to take total beginners in minutes up to a level suitable for playing guitar by ear at the campfire, sing along, or BBQ</p> |
|  <p>Photography <i>Improving Your Camera Skills</i> Unit 1 - Introduction and History</p> | <p>Photography – getting the most out of your Digital Camera</p> | <p>Find how to take a camera off its automatic settings; the importance of the settings of ISO, aperture, shutter speed; tips on how to focus correctly downloading, editing and storage of image files</p> |
|  <p>THOREAU, EMERSON and the Conduct of Life Unit 1</p> | <p>Thoreau, Emerson and the Conduct of Life</p> | <p>To encourage people to form their own ideas about how best to live and to express their ideas in their own words and to develop a personal philosophy</p> |
| <p>Nature Courses</p> | | |
|  <p>AUSTRALIAN FLORA <i>What is a plant?</i> 1</p> | <p>Australian Flora</p> | <p>Gain an understanding of Australian plant diversity and knowledge of basic techniques of plant identification</p> |
|  <p>BOTANY <i>The Study of Plants for Enjoyment</i> Unit One</p> | <p>Botany: the Study of Plants for Enjoyment</p> | <p>Learn about plant structures and function and how they have adapted to their environment. Learn about plant classification and how people and plants interact</p> |



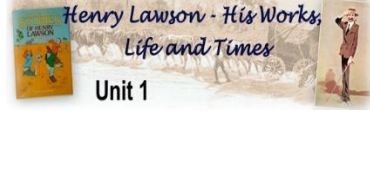
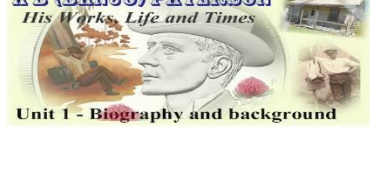
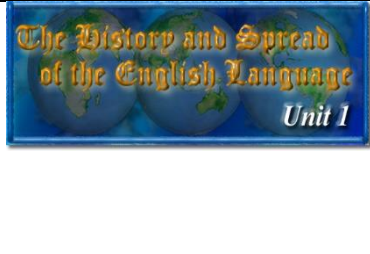
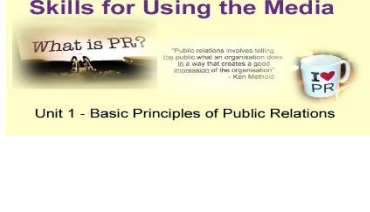



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|  | Continents on the Move | Studies the patterns, processes and changing shapes of planet Earth and the relationships between the physical and social environments |
|  | Saving the Soil | An examination of problems such as soil resource assessment and monitoring, and soil management. Discusses the major problem facing our civilization of how to feed the world's billions. |
|  | Antarctica – the Frozen Continent | An introduction to Antarctica and the relationships between the physical and social environments of that region. |
| Science Courses | | |
|  | Astronomy | The study of our Universe and, viewed very broadly, includes all aspects of the solar system and beyond |
|  | Human Biology | An introduction to the biological aspects of the human body and mind function |
|  | Maths – Number Theory | Number Theory has excited mathematicians from Ancient Greece to the 21 st century - comes from the simplicity of the stated theorems and conjectures and the challenge of proving them. |
|  | Geometry – Different Worlds, Different Geometries (in development) | Euclidean geometry was to provide the mathematics for architecture and agricultural boundaries and transactions. The Elements of Euclid became the most read book in Europe after the Bible. |


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|  | Resources for the Future – Renewable and Non-Polluting | A study of basic renewable resources, especially those used in the electrical and transportation industries |
|  | The Evolution of Life on Planet Earth | Trace what science has discovered about the history of Planet Earth from its origin to the present formation |
|  | The Night Sky | Offers a structured program of observation which will introduce you to most of the major features of the southern sky |
|  | The Northern Sky | A good starting point for those in the Northern Hemisphere who know a little and want to know more about the mysterious northern sky |
|  | The Story of Science 1 – the Emergence of Natural Philosophy | Covers the period from the appearance of man’s ancestors through to about 1650CE including the evolution of <i>Homo sapiens</i> and the earliest science ideas |
|  | The Story of Science 2 – the Science Disciplines | The emergence of science disciplines dealing with biology and chemistry, developments in natural philosophy and background to the social sciences |
|  | The Story of Science 3 – the Physical Sciences since 1800 | About the developments in the physical sciences- chemistry and physics – from around 1800 to the early 21 st century |
|  | The Story of Science 4 – Astronomy and the Behavioural Sciences since 1800 | The developments of Astronomy, the Solar System, stars, galaxies and the modern theories of the origin of the universe |

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|  | <p>Climate Change</p> | <p>An introduction to the historic, scientific, social and political dimensions of climate change, an urgent and controversial issue. For anyone interested in learning about and discussing climate change issues</p> |
|  | <p>The Dinosaurs</p> | <p>This course aims to inform and share the current knowledge about the fossils that have been found to date....there is no doubt there will be more discoveries in the future</p> |
| <p>World Affairs and History Courses</p> | | |
|  | <p>Australian History 1- Prior to Federation</p> | <p>Focuses on the history of the continent up to 1900 -</p> |
|  | <p>Australian History 2 – Post Federation</p> | <p>Australian History post Federation, two world wars and changing governments</p> |
|  | <p>China in Transition: from Mao to Now</p> | <p>About China’s transition from sleep into one of the most powerful economic and military players in the world today</p> |
|  | <p>Kings & Queens of England</p> | <p>An idiosyncratic review of the lives and reigns of the individuals who have worn the crown of England from the time of the Romans to the twenty-first century</p> |

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|  | <p>Left, Right or Centre: A very brief Introduction to Political Ideologies</p> | <p>An introduction to the study of comparative politics and development of political thought of the world's mainstream political ideologies</p> |
|  | <p>Property to Partner</p> | <p>This Course looks at the various theories of why women have not been treated as equals and then traces the development of the movement towards equality in the Western world from ancient times to modern day</p> |
|  | <p>Religions of the World</p> | <p>To widen the knowledge of major world religions and give an understanding of the cultural and geographical factors that have influenced their development</p> |
|  | <p>Renaissance Italy</p> | <p>A fascinating period of cultural history revealing an interesting complex society</p> |
|  | <p>The Romans</p> | <p>A review of the history of Rome and its empire starting in prehistoric times and the Roman contributions to our physical environment and our way of life</p> |
|  | <p>The Great Transformation</p> | <p>The transformation of Britain from a pre-industrial to an industrial society.</p> |
|  | <p>British Society in the 18th Century</p> | <p>Looks at British society in the very early stages of its transformation from a rural, mainly agricultural, society into the world's first industrialised one</p> |





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|  | <p>The Battle for Australia 1942-43</p> | <p>The defence of Australia in Papua New Guinea and the Kokoda Track</p> |
|  | <p>Top Secret Umbra – the History of Espionage – This course has four parts</p> | <p>Explains the use of Ciphers and Codes in times of war, and commerce in peace time</p> |
| <p>Writing and Creativity Courses</p> | | |
|  | <p>Autobiography & Journaling</p> | <p>For anyone wanting to write their life story and to learn to use a journal as a tool for healing or self-discovery</p> |
|  | <p>Basic English Grammar</p> | <p>A review of the fundamentals of English grammar for both those who have learnt English as a second language and also as a refresher for those who studied the subject at school</p> |
|  | <p>Genealogy Online</p> | <p>Introduction to the techniques of researching the main facts of your family history using mainly material published on the Internet</p> |
|  | <p>My Life Story</p> | <p>Provides the basic tools and knowledge to write and evaluate a long promised Life Story</p> |
|  | <p>The Art of Editing</p> | <p>Techniques for checking your writing and make changes to improving the content and style</p> |
|  | <p>Shakespeare: Rediscovering the Bard</p> | <p>An enjoyable and sometimes humorous journey through Shakespeare’s life and times and his contribution to the English language</p> |

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|  | Shakespeare's Canon | Explores the perennial claims that others had written the works of Shakespeare |
|  | Storytelling with Pictures | For those who would like to combine photos with their story for interest and fun |
|  | Henry Lawson – His Life, Work and Times | The work, life and times of Henry Lawson |
|  | AB (Banjo) Patterson – His Life, work and Times | The work, life and times of Banjo Patterson |
|  | The History and Spread of the English Language | Reviews the development of the English language in Britain from Roman times through to the present day, including contemporary developments such as texting and graffiti |
|  | Skills for Using the Media | The course sets out to introduce participants to the skills required to write public relations scripts for all media. |
|  | Unleashing your Creative Spirit | Aims to encourage and equip anyone with a creative passion to explore their goals and be inspired to try new ideas and techniques |
|  | Writing Family History | An introduction to beginners to the fun of writing a family history and to help those who have started to take further steps |
|  | Writing for Pleasure | Identifies the basic tools needed to write, increases the knowledge to improve writing and evaluation |

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| | | techniques |
|  | The History of Poetry from Chaucer to Ted Hughes | To introduce participants to the study of British Poetry from Chaucer to Ted Hughes |
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SHORT COURSES

Mostly One Unit courses for a 'Taster' or introduction to our longer courses

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|  | The History of Education | The history of education is about the development of systematic methods of teaching and learning |
|  | Picnic at Hanging Rock | A short study of the novel and the original 1975 film with some commentary on the 2017 TV adaptation |
|  | The Short Story in Literature | "...brief fictional prose narrative that is shorter than a novel and that usually deals with only a few characters." |
|  | Short History of Marriage | Marriage in the Ancient Civilisations, up to 1800's Wedding and Engagement Rings, Some current Laws and where do we go in the future. |